HELP IN YOUR LANGUAGE

If you do not speak English, call us at 1.888.613.8685. We have access to interpreter services and can help answer your questions in your language. We can also help you find a health care provider who can communicate with you in your language.

Spanish: “Si usted no habla inglés, llámenos al 1.888.613.8385. Ofrecemos servicios de interpretación y podemos ayudarle a responder preguntas en su idioma. También podemos ayudarle a encontrar un proveedor de salud que pueda comunicarse con usted en su idioma.”
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WELCOME

Welcome to The Health Plan’s Medicaid managed care program! We are glad that you have enrolled with us. This handbook will provide you with the information you need to know about your health care plan, also known as a managed care plan. Please read this handbook from cover to cover to understand the way your plan works. This handbook will help you get the most from The Health Plan. It will answer many of the questions that come up about your benefits and the services offered by The Health Plan. You can also ask us any questions you may have by calling us at 1.888.613.8385. If you are speech or hearing impaired, please dial 711.

ABOUT YOUR PLAN

The Health Plan has a contract with the West Virginia Department of Health and Human Resources [DHHR]. Under managed care, we are able to select a group of health care providers to form a provider network. Usually provider networks are made up of doctors and specialists, hospitals, and other health care facilities. Our providers help to meet the health care needs of people with Medicaid. The Provider Directory can be found on our website at www.findadoc.healthplan.org. If you do not have a Provider Directory or want a hard copy, please call 1.888.613.8385.

CONTACT US

You can call Member Services toll-free anytime you have a question about your health plan or a health problem. It will speed up the process if you have your member identification (ID) number with you when you call. You can also visit our website, www.healthplan.org/medicaid, for other information.

<table>
<thead>
<tr>
<th>Member Services Department</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Hours of Operation:</strong> Monday – Friday, 8:00 a.m. to 5:00 p.m.</td>
</tr>
<tr>
<td><strong>Address:</strong> 1110 Main Street, Wheeling WV 26003</td>
</tr>
<tr>
<td><strong>Toll-free:</strong> 1.888.613.8385</td>
</tr>
<tr>
<td><strong>TTY:</strong> 711</td>
</tr>
<tr>
<td><strong>Online:</strong> <a href="http://www.healthplan.org/medicaid">www.healthplan.org/medicaid</a></td>
</tr>
</tbody>
</table>
You can call or visit us online to:

- Ask questions about services and benefits, eligibility, claims, prior authorization requests, or utilization management (more information on utilization management procedures is available upon request)
- Change your primary care provider (PCP) or get help choosing a provider
- File a complaint
- Replace a lost member ID card
- Get help with referrals
- Let us know if you are pregnant
- Let us know if you give birth to a new baby
- Ask about any change that might affect you or your family’s benefits
- Let us know about any changes to personal information
- Request interpreter services or help for people with disabilities

If you do not understand or speak English, we can help. Please call Member Services toll-free at 1.888.613.8385 (TTY: 711). We can answer questions about your benefits in your language. We have free interpreter services and can help you find a health care provider who can communicate with you in any language.

For people with disabilities, we can help. The Health Plan offers services so that you can communicate effectively with us and your provider. We have access to free sign language interpreter services and a TTY phone number: 711. We can offer this handbook and all written materials in many formats, such as large print, at no cost to you within five business days. Please call Member Services toll-free at 1.888.613.8385 to ask for materials in another format.

For other important phone numbers, please see the list in the back of this handbook.

WHAT YOU SHOULD KNOW

CONFIDENTIALITY

We respect your rights to privacy. We will never give out your medical information or social security number without your written permission, unless required by law. To learn more about your rights to privacy, please call Member Services at 1.888.613.8385 or visit our website at www.healthplan.org/medicaid.
DISCRIMINATION

Your benefits must comply with the 1964 Civil Rights Act. Discriminatory administration of benefits because of sex, race, color, religion, national origin, ancestry, age, political affiliation, or physical, developmental, or mental challenges is not allowed. If you have questions, complaints, or want to talk about whether you have a disability according to the Americans with Disabilities Act, you can contact the State ADA Coordinator at:

WV Department of Administration
Building 1, Room E-119
1900 Kanawha Blvd. East,
Charleston, WV 25305
(304)558-4331.

DEFINITIONS

There are special words and phrases that we use to describe how we arrange medical care. The list below explains some of these words and phrases. This list will help you understand the rest of this handbook. The Health Plan will provide a summary of our accreditation report, if applicable, upon request by the member.

The Health Plan must ensure that members are not discriminated against in the delivery of health care services consistent with the benefits covered in their policy based on race, ethnicity, national origin, religion, sex, age, mental or physical disability, sexual orientation, genetic information, or source of payment.

Case management: A patient-specific process of coordinating resources and creating flexible, quality, cost-effective health care options. It should result in a quality efficient delivery of health care services. This is done by registered nurses that focus on members with a complex illness and/or injury. Members can self-refer for case management services by calling The Health Plan.

Community resources: The Health Plan Clinical Services Department keeps a list of community resources that may assist you with some services. These are agencies in your local community that help you with social services. They can also help with physical health, behavioral health, and disability needs. The social worker and/or care/case nurse navigators can help you access these services.

Covered services: Health care services that The Health Plan pays for. Use The Health Plan ID card and your medical card to get these services.

Customer services: People who work at The Health Plan who help you. They can help you find a practitioner or dentist. They can listen to a complaint. They can
answer your questions. They can help you understand how The Health Plan works.

**Emergency medical condition:** A sudden problem that you may think needs immediate care. Emergency care is given in or by a hospital emergency room. It is to evaluate and treat a medical problem caused by sudden, unexpected symptoms that require immediate medical attention. An emergency is usually a sudden and unexpected illness or injury that needs care to prevent (1) serious harm to the health of the person (or unborn child); (2) serious harm to bodily functions; (3) serious dysfunction of any bodily organ or part.

**Emergency services:** Covered inpatient and outpatient services that are (1) given by a qualified practitioner and; (2) needed to evaluate or stabilize an emergency medical condition. This includes emergency services within or outside of the plan.

**Fee-for-service:** Health care services that the Medicaid program pays for. You should use your medical card to get these health care services. These services include nursing home, pharmacy, transplants and non-emergency transportation.

**Hospice care:** A method for caring for the terminally ill. It helps people continue their lives with as little disruption as possible. It promotes supportive services such as home care and pain control. This is an alternative to hospitalization instead of cure-oriented services. Hospice care is limited to members who have a medical prognosis to live six months or less.

**Practitioner:** All doctors, PCPs, physician assistants, or any persons providing direct services to enrollees.

**Primary care physician:** Your regular practitioner who will help you arrange your medical care. It is also called a “PCP.” The name and phone number of your PCP will be on your ID card.

**Practitioner directory:** A directory of all the practitioners that you can see with your ID card. You may need to get a referral from your PCP to see some specialty practitioners. Annually, we will remind you that you can ask for an updated practitioner directory at any time by calling the Customer Service Department or view the list on the website.

**Provider:** Hospitals, clinics, or facilities that give you medical care.

**Referral:** Permission from your PCP to see certain kinds of practitioners or get certain kinds of health care services.
Secondary care practitioner (SCP): A Plan sub-specialty practitioner who provides specialty care to a member on a routine basis. The SCP is listed separately in the practitioner list.

Service area: The parts of West Virginia where you can use your ID card.

Specialty practitioner: A Plan practitioner who provides specialty care to members. He/She coordinates with a member’s primary or secondary care practitioner on specialty plans of treatment. A referral and approval may be required.

Tertiary facility: A facility that The Health Plan has contracted with to provide specialty medical and hospital services that are not normally available through local Plan providers.

Well-care: Children ages birth up to age 21 should have regular, well-child/adolescent visits according to the Health Check periodicity schedule. This is covered by The Health Plan.

Adults should also have an annual well-care visit. This is covered by The Health Plan.

YOUR RIGHTS

As a member of The Health Plan, you have rights around your health care and to receive information according to contract standards. You have the right to:

- Be advised that you can ask for and obtain all included information
- Be told about your rights and responsibilities
- Get information about The Health Plan, our services, our providers, and your rights
- Be treated with respect and dignity
- Not be discriminated against by The Health Plan
- Access all services that The Health Plan must provide
- Choose a provider in our network
- Take part in decisions about your health care
- Refuse treatment and choose a different provider
- Get information according to the member’s ability to understand on treatment options and different courses of care
- Have your privacy respected
- Ask for and to get your medical records within 30 days of request
- Ask that your medical records be changed or corrected if needed within 60 days of request
- Be sure your medical records will be kept private
- Recommend changes in policies and procedures
• Be free from any form of restraint or seclusion used as a means of force, discipline, convenience, or retaliation
• Get covered services, no matter what cultural or ethnic background or how well you understand English
• Get covered services regardless of if you have a physical or mental disability, or if you are homeless
• Refer yourself to in-network and out-of-network family planning providers
• Access certified nurse midwife services and certified pediatric or family nurse practitioner services
• Get emergency post-stabilization services
• Get emergency health care services at any hospital or other setting
• Accept or refuse medical or surgical treatment under State law and to make an advance directive
• Have your parent or a representative make treatment decisions when you can’t
• Make complaints and appeals
• Get a quick response to problems raised around complaints, grievances, appeals, authorization, coverage, and payment of services
• Ask for a state fair hearing after a decision has been made about your appeal
• Request and get a copy of this member handbook annually after initial enrollment
• Disenroll from your health plan
• To exercise your rights. Exercising these rights does not adversely affect our treatment of you.

YOUR RESPONSIBILITIES

As a member of The Health Plan, you also have some responsibilities:

• Read through and follow the instructions in this handbook
• Work with your PCP to manage and improve your health
• Ask your PCP any questions you may have
• Call your PCP at any time when you need health care
• Give information about your health to The Health Plan and your PCP
• Always remember to carry your member ID card
• Only use the emergency room for real emergencies
• Keep your appointments
• If you must cancel an appointment, call your PCP as soon as you can to let him or her know
• Follow your PCPs recommendations about appointments and medicine
• Go back to your PCP or ask for a second opinion if you do not get better
• Call Member Services at 1.888.613.8385 whenever anything is unclear to you or you have questions

www.healthplan.org/medicaid
Member Services 1.888.613.8385 & TTY 711
• Treat health care staff and others with respect

**STEPS TO YOUR GETTING CARE**

**YOUR MEMBER ID CARD**

After you join The Health Plan, we will send you your member ID card in the mail. Each member of your family who has joined The Health Plan will receive his or her own card. If you have not received your member ID card after 14 days, please call Member Services at 1.888.613.8385.

It is important to always keep your member ID card with you. You will need it any time you get care. Your card is your proof that you are a member of The Health Plan. You should also keep your Medicaid Benefit card. You need it to get care that is not covered by The Health Plan.

Mountain Health Trust members, your card should look like this:

![Mountain Health Trust Member ID Card](image1)

WV Health Bridge members, your card should look like this:

![WV Health Bridge Member ID Card](image2)

You will find some useful information on your card like your Medicaid ID number, your PCP’s name and office phone number, the start date of your health
coverage, and other important phone numbers. Having your card out when you call Member Services can help us serve you faster.

Please call Member Services immediately at 1.888.613.8385 if:

- You lose your card
- Your card is stolen
- You have not received your card(s)
- Any of the information on the card(s) is wrong
- You have a baby or add a new member to your family
- You move
- Someone in your family dies

Please call your county DHHR immediately if you move to another state or to another country.

CHOOSING YOUR PRIMARY CARE PROVIDER (PCP)

Each member of The Health Plan chooses a primary care provider (PCP) from the Provider Directory. A PCP is a specific clinician responsible for coordinating your health care needs. You can find a list of PCP’s online at www.findadoc.healthplan.org. Member Services can help you select a PCP to best fit your needs. If you do not pick a PCP from the directory, we will choose one for you.

If you have a chronic illness, then you may be able to select a specialist as your PCP. Please call Member Services to discuss (1.888.613.8385). If you already have a PCP and believe you need a specialist, you or your provider should call Member Services. Women can also receive women’s health care services from an obstetrical/gynecological practitioner (OB/GYN) without a referral from your PCP.

Upon request, a description of the method of physician compensation is available to The Health Plan members.

HOW TO SCHEDULE AN APPOINTMENT

You will visit your PCP for all of your routine health care needs. All new members should try to schedule an appointment within 90 days. You can schedule your appointments by calling the PCP’s office phone number. Your PCP’s name and office phone number will be listed on your member ID card. You can call 24 hours a day, seven days a week. On the day of your visit, remember to bring your member ID card and your Medicaid ID card. Please show up on time, and call to cancel an appointment if you cannot make it.

To schedule a visit with a specialist, first contact your PCP for a referral.
CHANGING YOUR PCP

If you need to, you can change your PCP for any reason. Let us know right away by calling Member Services at 1.888.613.8385. You can change your PCP at any time. We will send you a new member ID card in the mail and let you know that your PCP has been changed. It usually helps to keep the same PCP so he or she can get to know you and your medical history.

Sometimes PCPs leave our network. If this happens, we will let you know by mail within 14 calendar days for a PCP and within 30 days for a hospital. We can assign you a new PCP or you can pick a new one yourself within 30 days of the notice. If we need to assign you a new PCP for another reason, we will let you know.

WHERE TO GET MEDICAL CARE

Please read below to understand what type of care to get in different situations.

ROUTINE CARE

You should see your PCP for all routine health care visits. Routine visits are when a delay in medical care would not cause a serious problem with your health. Some reasons to get a routine health care visit include checkups, screenings, physicals, and care for diabetes and asthma. You can call your PCP to schedule these visits at any time. You and your PCP should work together to get you the care you need.

- Well-care Visits – A well care visit is when you or your child sees your PCP for a preventive visit. These visits are not for treating conditions or diseases, so you should schedule a well care visit even if you do not feel sick. During the appointment, your PCP will review your medical history and health. Your PCP may suggest ways to improve your health, too. You can learn more about well-care visits under the section titled “More Information about Your Coverage.”
- After Hours Care – You can reach your PCP even if it is after normal business hours. Just leave a voicemail with your name and phone number. Your PCP or another PCP from the same office will call you back as soon as possible or during office hours.
URGENT CARE

You can visit an urgent care center when you have an injury or illness that needs prompt care but is not an emergency. Some examples of when to get urgent care are:

- A sprained ankle
- A bad splinter
- The flu

You can also get urgent care if you are traveling and are too far from your PCP’s office. You can schedule an urgent care appointment by calling your PCP. You should explain the medical problem so that your PCP can make your appointment or help you decide what to do.

EMERGENCY CARE

You should get emergency care when you have a very serious and sudden medical problem. An emergency would make someone think he or she needs to be treated right away. Some examples of an emergency are:

- Vaginal bleeding
- A heart attack
- Severe chest pain
- Seizures
- Rape

You should not go to the emergency room (ER) for things like:

- Colds
- Minor cuts and bruises
- Sprained muscles.

If you believe you have a medical emergency, call 911 immediately or go to the nearest ER. When you get there, show your member ID card. You do not need approval from your PCP or The Health Plan. If you are traveling and away from home when you have a medical emergency, go to the nearest ER. You have the right to go to the nearest hospital, even if it is not in our network. If you’re not sure what to do, call your PCP or The Health Plan at 1.888.613.8385. Remember to use the ER only if you have an emergency. You are always covered for emergencies.

If you need to stay in the hospital after an emergency, please make sure The Health Plan is called within 24 hours. If you are told that you need other medical care to treat the problem that caused the emergency, the provider must call The Health Plan. If you are able, call your PCP to let him or her know that you
have a medical emergency. You will need to schedule follow-up (called post-stabilization) services with your PCP.

For more information about emergency transportation and post-stabilization services, please see the Mountain Health Trust and West Virginia Health Bridge Covered Benefits Table.

**YOUR BENEFITS**

You can get many services through The Health Plan’s Medicaid managed care program in addition to those that come with regular Medicaid. For most benefits, you will need to go through your PCP. There are some services that do not require a referral from your PCP. This means that you do not need approval from your PCP. To get these services, look in your Provider Directory for the list of providers who offer these services. You can schedule the appointment yourself. You have the right to a second opinion from a qualified health care professional within or outside the network, at no cost to you. This second opinion could be in addition to that of a specialist referred by the PCP. If you have any questions, The Health Plan can help. Just call Member Services at 1.888.613.8385. Member Services can explain how to access your services.

**COVERED SERVICES**

Your covered services must be medically necessary. You should get these services from providers in The Health Plan network. Your PCP should provide covered services or refer you to another provider to do so. The services included fall under medical (maternity and sexually transmitted disease services), behavioral, dental, and vision. Benefit packages differ, depending on whether you are covered under Mountain Health Trust or West Virginia Health Bridge. You can see any differences in the table below. You can get the services listed in the Mountain Health Trust and West Virginia Health Bridge Covered Benefits table by using The Health Plan member ID card.

**Mountain Health Trust Covered Benefits**

**Ambulatory Surgical Center Services**

- Any distinct entity that operates exclusively for the purpose of providing surgical services to patients not requiring hospitalization, as well as private practitioners.
- Practitioner services; lab and X-ray; prosthetic devices; ambulance; leg, arm, back, and neck braces; artificial limbs and DME are excluded.
Inpatient Services

- Inpatient hospital care: Inpatient care under the direction of a practitioner. All elective, tertiary, facility-to-facility, and out-of-area requires pre-authorization.
- Inpatient behavioral health and substance abuse related to the treatment of mental disorders or substance abuse disorders.

For children (0–21 years):

- Inpatient rehabilitation: Services related to inpatient facilities that provide rehabilitation services for Medicaid eligible individuals (in a rehabilitation facility; limited to 60 days per calendar year) requires pre-authorization.
- Inpatient psychiatric services: Services furnished at a psychiatric hospital or a distinct part psychiatric unit of an acute care or general hospital under the direction of a practitioner.

For adults (21 and older): There may be a copay.

Outpatient Services

- Hospital services, outpatient: Medical services furnished on an outpatient basis by a hospital, regardless of the type of practitioner ordering the service. Includes preventive, diagnostic, therapeutic, all emergency services, or rehabilitative medical services.
- Diagnostic X-ray, laboratory services, and testing: Lab and X-ray services provided in a facility other than a hospital outpatient department. These are ordered and provided by or under the direction of a practitioner and includes lab services related to the treatment of substance abuse. Some may have service limits.
  - Genetic testing requires prior authorization, subject to limitations.
- Physical therapy: Limited to the lesser of maintenance level not to exceed 20 visits per calendar year in addition to the evaluation and re-evaluation visits.
- Speech therapy:
  - For children (ages 0–21): Prior authorization is needed for therapy. Medical records are required to determine if the therapy meets criteria. The benefit limit is 20 speech therapy visits per calendar year.
- For adults (21 and older): Speech therapy services are limited to specific medical/surgical conditions and prior authorization is required.
  - Occupational therapy: Limited to the lesser of maintenance level not to exceed 20 visits per calendar year in addition to the evaluation and re-evaluation visits.
  - Behavioral health: Behavioral health clinics, behavioral health rehabilitation, targeted case management, counselor/therapist, psychologists, and psychiatrists. Emergency room services are included in the MCO benefits package.
    - Diagnosis, evaluation, therapies, and other program services for individuals with mental illness, mental retardation, and substance abuse.
  - Prior authorization is needed on specific procedures. Only assertive community treatment (ACT) providers certified by BMS or the Bureau of Behavioral Health and health facilities may provide ACT services. Excludes children’s residential treatment.

### Physician/NP/NMW/FQHC/RHC Services

- Services provided by a nurse midwife, nurse anesthetist, family or pediatric nurse practitioner within a specialty.
- Primary/preventive care visits.
- Preventive screenings: Annual pap smear for cervical cancer screening beginning at age 18, earlier if medically necessary.
- Physician office visits.
- Specialty care: Nutritionist visit; medical nutritionist for weight loss only if part of evaluation for bariatric surgery requires pre authorization and subject to limitations. Medical nutritionist visits related to diabetes and ESRD are limited to six visits per calendar year.
  - Medical nutrition requires prior authorization
  - Podiatry surgical procedures other than in-office require pre-authorization.

_for adults (21 and older):_

- There may be a copay.
- Mammography screening: Performed in an approved/participating accredited facility to detect presence of breast cancer; ages 35-39 at least once; ages 40-49 one every two years unless medically
determined that member is at risk, one every year and 50+ one every year.

- Prostate cancer screening beginning at age 50.
- Colorectal screening (asymptomatic age 50 and older or under age 50 with symptoms).

### Ambulance
- Emergency Transport.

### Behavioral Health Rehabilitation
*For children (ages 0–21)*
- Psychiatric residential treatment: Diagnosis, evaluation, therapies, and other program services for individuals with mental illness, mental retardation, and substance abuse.
- Prior authorization is required for certain procedures.

### Cardiac Rehabilitation
- Supervised exercise sessions with EKG monitoring, must meet plan guidelines. Limited to a maximum of 12 weeks or 36 visits per heart attack or heart surgery.

### Pulmonary Rehabilitation
- Must meet plan guidelines. Limited to a maximum of 12 weeks or 36 visits per calendar year.

### Chiropractic Services
- Requires pre-authorization from PCP only for out-of-network; limited services, subject to plan review, limited to a maximum of 24 visits per calendar year.
- Manual manipulation of the spine.
- X-ray exam related to service.

*For children (ages 0–21):* Requires pre-authorization from PCP only for children under age 18 and/or out-of-network.

*For adults (21 and older):* There may be a copay.

### Clinical Services
- General clinics, birthing centers and health department clinics, including vaccinations for children.
### Dental Services

*For children (ages 0–21)*
- Must use participating practitioners (See practitioner directory or call Scion Dental).
- Orthodontics covered for the entire duration of treatment regardless of loss in eligibility. Requires pre-authorization.

*For adults (21 and older)*
- Adults covered only for accident or injury, tumor removal, or emergency extraction.

### Diabetes Management

- An enrollee who has been diagnosed with diabetes has the right to access optometrist or ophthalmologist services without a PCP referral for an annual examination.
- If the annual diabetic eye examination reveals abnormal conditions, any no show appointment with a specialist will require pre-authorization from the member’s PCP.

### Durable Medical Equipment

- Requires pre-authorization and must meet The Health Plan guidelines
- Limited replacement.
- Other limitations may apply.

### Orthotics and Prosthetics

- Requires pre-authorization and must meet The Health Plan guidelines

### Well-Child Visits

*For children (ages 0–21)*
- Early and periodic screening, treatment, and diagnostic services to determine psychological or physical conditions in recipients. Based on a periodicity schedule. Needs identified during the EPSDT services that are over the allowable or not included in the covered services require a prior authorization.
### Family Planning Services and Supplies
- Services to aid recipients of child bearing age to voluntarily control family size or to avoid or delay an initial pregnancy. All family planning providers, services, and supplies.

### Hearing

**For children (ages 0–21)**
- Requires pre-authorization.
- Audiology screening (only if referred by a PCP or ENT practitioner).
- One hearing aid every five years.
- Hearing aid evaluations, hearing aid supplies, batteries, and repairs. Certain procedures may have service limits, or require prior authorization. Augmentation communication devices limited to children under 21 years of age and require prior approval.

**For adults (21 and older)**
- Requires pre-authorization.
- Covered for specific medical conditions.

### Home Health
- Covered for nursing, physical therapy, occupational therapy, and speech therapy. Requires pre-authorization for all visits.

### Hospice
- Requires pre-authorization for all visits.
- If you revoke three times, you are no longer eligible for hospice.

### Psychological Services
- Services provided by a licensed psychologist in the treatment of psychological conditions.
- Psychological testing requires prior authorization.

### Private Duty Nursing

**For children (ages 0–21)**
- Requires pre-authorization (has limits).
### Tobacco Cessation

- Diagnostic, therapy, counseling services, quit line services, and pharmacotherapy for cessation.

*For children (ages 0–21)*

- The children’s benefit also includes the provision of anticipatory guidance and risk-reduction counseling with regard to tobacco use during routine well-child visits.

### Vision

*For children (ages 0–21)*

- Must use participating vision services practitioners. See practitioner directory or call Customer Service Department.
- Vision screening and therapy.
- One eye exam covered once every 12 months.
- Limited one frame per year.
- Contact lenses covered for certain diagnosis.
- Repairs.

*For adults (21 and older)*

- Adults limited to medical treatment only.
- Medical contact lenses for adults and children covered for certain diagnosis.
- One pair glasses up to 60 days after cataract surgery.
## WV Health Bridge Covered Benefits

### Ambulatory Surgical Center Services
- Any distinct entity that operates exclusively for the purpose of providing surgical services to patients not requiring hospitalization, as well as private practitioners.
- Practitioner services; lab and X-ray; prosthetic devices; ambulance; leg, arm, back, and neck braces; artificial limbs and DME are excluded.

### Inpatient Services
- Inpatient hospital care: Inpatient care under the direction of a practitioner. All elective, tertiary, and out-of-area require pre-authorization.
- Inpatient rehabilitation: Services related to inpatient facilities that provide rehabilitation services for Medicaid eligible individuals (in a rehabilitation facility; limited to 60 days per calendar year) require pre-authorization.
- Inpatient behavioral health and substance abuse related to the treatment of mental disorders or substance abuse disorders.

  *For adults (21 and older): There may be a copay.*

### Outpatient Services
- Hospital services, outpatient: Medical services furnished on an outpatient basis by a hospital, regardless of the type of practitioner ordering the service. Includes preventive, diagnostic, therapeutic, all emergency services, or rehabilitative medical services.
- Diagnostic X-ray, laboratory services, and testing: Lab and X-ray services provided in a facility other than a hospital outpatient department. These are ordered and provided by or under the direction of a practitioner and includes lab services related to the treatment of substance abuse. Some may have service limits.
- Physical therapy: Limited to the lesser of maintenance level not to exceed 30 visits per calendar year in addition to the evaluation and re-evaluation visits.
- Speech therapy:
  - *For children (ages 0–21): Prior authorization is needed for therapy. Medical records are required to determine if the*
therapy meets criteria. The benefit limit is 20 speech therapy visits per calendar year.

- **For adults (21 and older):** Speech therapy services are limited to specific medical/surgical conditions and **prior authorization** is required.

- **Occupational therapy:** Limited to the lesser of maintenance level not to exceed 30 visits per calendar year in addition to the evaluation and re-evaluation visits.

- **Behavioral health:** Behavioral health clinics, behavioral health rehabilitation, targeted case management, counselor/therapist, psychologists, and psychiatrists. Emergency room services are included in the MCO benefits package.
  - Diagnosis, evaluation, therapies, and other program services for individuals with mental illness, mental retardation, and substance abuse.

- **Prior authorization for certain procedures is required.** Only assertive community treatment (ACT) providers certified by BMS or the Bureau of Behavioral Health and health facilities may provide ACT services. Excludes children’s residential treatment.

### Physician/NP/NMW/FQHC/RHC Services

- Services provided by a nurse midwife, nurse anesthetist, family or pediatric nurse practitioner within a specialty.

- Primary/preventive care visits.

- Preventive screenings: Annual pap smear for cervical cancer screening beginning at age 18, earlier if medically necessary.

- Physician office visits.

- Specialty care: Nutritionist visit; medical nutritionist for weight loss only if part of evaluation for bariatric surgery requires pre authorization and subject to limitations. Medical nutritionist visits related to diabetes and ESRD are limited to six visits per calendar year.

- Medical nutrition requires prior authorization

- Podiatry surgical procedures other than in-office require pre-authorization.

*For adults (21 and older):*

- There may be a copay.
- Mammography screening: Performed in an approved/participating accredited facility to detect presence of breast cancer; ages 35-39 at least once; ages 40-49 one every two years unless medically determined that member is at risk, one every year and 50+ one every year.
- Prostate cancer screening beginning at age 50.
- Colorectal screening (asymptomatic age 50 and older or under age 50 with symptoms).

<table>
<thead>
<tr>
<th>Ambulance</th>
</tr>
</thead>
<tbody>
<tr>
<td>• Emergency Transport.</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Behavioral Health Rehabilitation</th>
</tr>
</thead>
<tbody>
<tr>
<td>• For children (ages 19–21)</td>
</tr>
<tr>
<td>• Psychiatric residential treatment: Diagnosis, evaluation, therapies, and other program services for individuals with mental illness, mental retardation, and substance abuse.</td>
</tr>
</tbody>
</table>

Prior authorization is required for certain procedures.

<table>
<thead>
<tr>
<th>Cardiac Rehabilitation</th>
</tr>
</thead>
<tbody>
<tr>
<td>• Supervised exercise sessions with EKG monitoring, must meet plan guidelines. Limited to a maximum of 12 weeks or 36 visits per heart attack or heart surgery.</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Pulmonary Rehabilitation</th>
</tr>
</thead>
<tbody>
<tr>
<td>• Must meet plan guidelines. Limited to a maximum of 20 sessions per calendar year.</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Chiropractic Services</th>
</tr>
</thead>
<tbody>
<tr>
<td>• Requires pre-authorization from PCP only for out-of-network; limited services, subject to plan review, limited to a maximum of 24 visits per calendar year.</td>
</tr>
<tr>
<td>• Manual manipulation of the spine.</td>
</tr>
<tr>
<td>• X-ray exam related to service.</td>
</tr>
</tbody>
</table>

*For children (ages 0–21): Requires pre-authorization from PCP only for children under age 18 and/or out-of-network.*

*For adults (21 and older): There may be a copay.*
### Dental Services

*For children (ages 0–21)*
- Must use participating practitioners. See practitioner directory or call Scion Dental.
- Orthodontics covered for the entire duration of treatment regardless of loss in eligibility. Requires pre-authorization.
- The MCO must cover WVHB members under 21 for the full scope of the dental services under the EPSDT coverage requirements.

*For adults (21 and older)*
- Adult coverage limited to treatment of fractures of mandible and maxilla, biopsy, removal of tumors, and emergency extractions. TMJ surgery and treatment not covered for adults.

### Diabetes Management

- An enrollee who has been diagnosed with diabetes has the right to access optometrist or ophthalmologist services without a PCP referral for an annual examination.
- If the annual diabetic eye examination reveals abnormal conditions, any follow up appointment with a specialist will require pre-authorization from the member’s PCP.

### Durable Medical Equipment

- Requires pre-authorization and must meet The Health Plan guidelines
- Limited replacement.
- Some limitations may apply.

### Orthotics and Prosthetics

- Requires pre-authorization and must meet The Health Plan guidelines.

### Well-Child Visits

*For children (ages 0–21)*
- Early and periodic screening, treatment, and diagnostic services to determine psychological or physical conditions in recipients under age 21. Based on a periodicity schedule. Needs identified during the EPSDT services that are over the allowable or not included in the covered services require a prior authorization.
### Family Planning Services and Supplies
- Services to aid recipients of child bearing age to voluntarily control family size or to avoid or delay an initial pregnancy. All family planning providers, services, and supplies.

### Hearing
*For children (ages 0–21)*
- Requires pre-authorization.
- Audiology screening (only if referred by a PCP or ENT practitioner).
- One hearing aid every five years.
- Hearing aid evaluations, hearing aid supplies, batteries, and repairs.

### Home Health
- Requires pre-authorization for all visits.
- Covered for nursing, physical therapy, occupational therapy and speech therapy and requires prior authorization for all visits.

### Hospice
- Requires pre-authorization.
- If you revoke services three times you are no longer eligible for hospice services.

### Psychological Services
- Services provided by a licensed psychologist in the treatment of psychological conditions.
- Psychological testing requires prior authorization.

### Private Duty Nursing
*For children (ages 0–21)*
- Requires pre-authorization (has limits).

### Tobacco Cessation
- Diagnostic, therapy, counseling services, quit line services, and pharmacotherapy for cessation.
*For children (ages 0–21)*
The children’s benefit also includes the provision of anticipatory guidance and risk-reduction counseling with regard to tobacco use during routine well-child visits.

### Vision

*For children* (ages 0–21)
- Must use participating vision services practitioners. See practitioner directory or call Customer Service Department.
- Vision screening and therapy.
- Limited one frame per year.
- One eye exam covered once every 12 months.
- Contact lenses covered for certain diagnosis.
- Repairs.

*For adults* (21 and older)
- Adults limited to medical treatment only.
- Contact lenses covered for certain diagnosis.

Be sure to use your regular Medicaid card for services that are not covered by The Health Plan. This applies to both Mountain Health Trust and WV HealthBridge.

### Benefits Under Fee-for-Service Medicaid

<table>
<thead>
<tr>
<th>Benefit</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Abortion</td>
<td>Includes drugs, devices, and procedures for termination of ectopic pregnancy. Physician certification required.</td>
</tr>
<tr>
<td>Early Intervention Services for Children Three and Under</td>
<td></td>
</tr>
<tr>
<td>Nursing Facility Services</td>
<td>Includes nursing, social services, and therapy.</td>
</tr>
<tr>
<td>Personal Care Services</td>
<td>Includes personal hygiene, dressing, feeding, nutrition, environmental support, and health-related functions. Room and board services require physician certification. May not exceed 60 hours per month without prior authorization.</td>
</tr>
<tr>
<td>Personal Care for Aged/Disabled</td>
<td>Includes assistance with daily living in a community living arrangement, grooming, hygiene, nutrition, physical assistance, and environmental for individuals in the age/disabled waiver.</td>
</tr>
</tbody>
</table>
Limited on per unit per month basis. Requires physician order and nursing plan of care.

ICF/MR Intermediate Care Facility – Includes physician and nursing services, dental, vision, hearing, lab, dietary, recreational, social services, psychological, habilitation, and active treatment for the mentally retarded. Requires physician or psychiatrist certification.

Prescription Drugs – Includes dispensed on an ambulatory basis by a pharmacy, family planning supplies, diabetic supplies, vitamins for children, and prenatal vitamins. Hemophilia blood factor, Hepatitis-C, weight gain, cosmetic, hair growth, fertility, less than effective, and experimental drugs are not covered. Drugs dispensed by a physician at no cost are not covered.

Organ Transplant Services – Generally safe, effective, medically necessary transplants covered when no alternative is available. Cannot be used for investigational/ research nature or for end-stage diseases. Must be used to manage disease.

School-based Services – Service limitations are listed in the fee-for-service Medicaid provider manual.

Transportation – Includes multi-passenger van services and common carriers (public railways, buses, cabs, airlines, and private vehicle transportation). Prior authorization is required by the transportation broker. To get transportation, call: 1.844.549.8353.

In addition to your benefits, The Health Plan offers value-added services. When eligible members complete the healthy behaviors in the table below, they will receive a reward. We offer these services to encourage health education and to promote health. Copayments may not be charged, and members do not have the right to an appeal or a state fair hearing for value-added services.

<table>
<thead>
<tr>
<th>Value-Added Services and Rewards</th>
</tr>
</thead>
<tbody>
<tr>
<td>Annual Well Visit Ages 3 - 6 and 12 – 18 – Receive a $25 gift card</td>
</tr>
<tr>
<td>Maternity Outreach Program</td>
</tr>
<tr>
<td>$50 for 2 visits within 1st trimester</td>
</tr>
<tr>
<td>$50 for 4 visits in 3rd trimester and</td>
</tr>
<tr>
<td>$50 for post-partum visit between 21-56 days of delivery.</td>
</tr>
<tr>
<td>Diabetes and Asthma Camp for children ages 7 - 15</td>
</tr>
</tbody>
</table>
MORE INFORMATION ABOUT YOUR COVERAGE

Please read below for more details about your coverage. If you have any questions, please call Member Services at 1.888.613.8385.

WELL-CHILD VISITS

Well-child visits, also known as Early and Periodic Screening, Diagnosis, and Treatment (EPSDT) services, are important to make sure children are healthy and stay healthy. The EPSDT benefit covers all medically necessary and preventive health care services for members up to age 21. Both sick and well care services are provided by your PCP at no cost.

Some screenings that children can get include:

- Physical exams
- Laboratory tests
- Vision testing
- Immunizations
- Hearing test
- Dental services
- Behavioral health screenings
- Health education
- Health and development history

Checkups and screenings are needed to detect health problems. Your PCP can diagnose and treat any health issues early, before they become more serious. Call your PCP or Member Services to schedule a well-child visit. Transportation and scheduling help is also available upon request at no cost.

DENTAL SERVICES

Dental care is important to your overall health. The Health Plan uses a dental benefit manager, Scion Dental, to provide dental services to Mountain Health Trust members. All dental services are provided by a licensed dentist or dental specialist in an office, clinic, hospital, or other setting.

Members under 21 years of age should visit their dentist for a checkup once every six months. Checkups begin at six months after an infant’s first tooth erupts or by twelve months of age. Children and adolescents can get orthodontic services for the entire length of treatment and other services to fix dental problems. Members up to 21 can also access the Fluoride Varnish Program, offered by providers certified from the WVU School of Dentistry. For more information about the fluoride varnish application, ask your provider. Children are covered for non-emergency and emergency dental services.
For adults 21 years and older, emergency dental services are covered. These services may be provided by a dentist, orthodontist, or oral surgeon. Some examples of a dental emergency include:

- Severe pain
- Hemorrhage
- Traumatic injury to the teeth and surrounding tissue
- Unusual swelling of the face or gums

If you need to speak with Scion Dental, please call 1.888.983.4698. Hours of Operation: Monday – Friday, 8:00 a.m. to 5:00 p.m.

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**BEHAVIORAL HEALTH SERVICES**

The Health Plan provides inpatient and outpatient services to members. This benefit includes mental health services, substance abuse (alcohol and drugs) services, case management, rehabilitation and clinic services, and psychiatric residential treatment services.

Some services require pre-authorization. Your PCP or Member Services can help you get these services from behavioral health providers. You can also call The Health Plan Behavioral Health Services at 1.877.221.9295. Hours of Operation: Monday – Friday, 8:00 a.m. to 5:00 p.m.

**Behavioral Health Services Not Covered:**

- Services provided to individuals under the age of 21 performed in a children’s residential treatment facility
- Services provided in certain alcohol and drug addiction community-based residential treatment facilities to individuals between the ages of 22 and 64 for facilities of 17 beds or more;
- Any services that are covered by fee-for-service
- Inpatient stays at Mildred Mitchell Bateman Hospital and William R. Sharpe Hospital if the member is between the ages of 22 and 64
- Treatment at a residential treatment facility for individuals 21 years of age and older
- School-based services

If there is a mental health or substance abuse emergency, please call 911 right away.

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www.healthplan.org/medicaid
Member Services 1.888.613.8385 & TTY 711
COURT ORDERED SERVICES

Medically necessary court ordered treatment services are covered by The Health Plan. Court ordered services are subject to MCO review, determination, and the member appeals.

SERVICES NOT COVERED

Some services are not available through The Health Plan or Medicaid. If you choose to get these services, you may have to pay the entire cost of the service. The Health Plan is not responsible for paying for these services and others:

1. Cosmetic/plastic surgery will be covered only to correct conditions from accidents/injuries like a car accident and birth defects like a cleft lip. Breast implants are covered only for mastectomy due to breast cancer or fibrocystic breast disease. You may have to get a second opinion before getting these services.

   Removal/replacement of breast implants must be proven medically necessary. Implants must have been inserted for reconstructive purposes due to mastectomy for breast cancer or fibrocystic breast disease. You may have to get a second opinion before getting these services.

   These conditions must have happened while you were a member of The Health Plan. If not, The Health Plan must determine an ongoing history of medically necessary cosmetic/plastic surgery to correct these conditions. The Health Plan may do so by looking at your past medical records.

   Removal of breast implants that were inserted for cosmetic reasons only will not be covered.

2. Oral surgery for adults will be covered to correct conditions from accidents/injuries, like a car accident. The accident/injury must have happened while you were a member of The Health Plan. An oral surgeon must be needed to correct these conditions. These services must start within six months of the accident/injury.

   REMEMBER - no other dental problems will be covered for adults such as plates, crowns, bridges, etc. (even TMJ when caused by an accident/injury). Practitioner services for non-covered dental problems will be covered when it is medically necessary and appropriate for you to go to the practitioner to get the services. Bills for the oral surgeon or dentist will not be covered for adults.

3. Custodial or home care, rest and respite care, or other services primarily to assist in the activities of daily living and personal comfort items (to include

www.healthplan.org/medicaid
Member Services 1.888.613.8385 & TTY 711
cleansing and luxury items) are not paid for by The Health Plan. This includes personal services and residential services.

4. Health care that is for research, investigation, or experimental as determined by The Health Plan, is not paid for by The Health Plan. The Health Plan will look at standards of the AMA, FDA, NIH, Medicare, or reports of consultants to decide if a health care treatment is experimental or investigational.

5. Services based on religious beliefs are not paid for by The Health Plan.

6. Private rooms are not paid for, except when medically needed and approved by The Health Plan. Personal or comfort items and services like guest meals, lodging, radio, television, and telephone are not paid for by The Health Plan.

7. Hospital or medical care for problems that state or local law requires treatment in a public facility is not paid for by The Health Plan.

8. Any injury or sickness when any benefits, settlements, awards, or damages will be received or paid will not be paid for by The Health Plan. This also includes workers' comp, employer's liability or similar law or act. This applies even if you waived your rights to workers' comp, employer’s liability, or similar laws or acts. Be sure to tell The Health Plan if you will get any benefits, settlements, awards, damages, or workers' comp.

9. Reversal of voluntary sterilization and associated services and/or expenses will not be paid for by The Health Plan.

10. Sterilization for members under age 21 will not be paid for by The Health Plan.

11. Sex change and gender transition procedures/expenses will not be paid for by The Health Plan. Procedures, services and supplies related to sexual dysfunction will not be paid for by The Health Plan.

12. Special services not approved by The Health Plan will not be paid for.

13. Provider and medical services outside the service area will not be paid for if you knew you would need these services before you left the service area. If you know you will need services and you may be traveling soon, tell your PCP or The Health Plan.

14. Hearing aid evaluations, bone-anchored hearing aids, cochlear implants, hearing aids, hearing aid supplies, batteries and repairs will only be covered for members under the age of 21. Coverage depends on hearing loss and The Health Plan guidelines.

15. Exams for insurance, sports physicals, camp physicals, or daycare physicals will not be paid for unless it is part of your yearly physical exam given by your PCP.
16. Medical and surgical treatment for all infertility services will not be paid for by The Health Plan.

17. Abortions will not be paid for by The Health Plan but are covered by FFS Medicaid. Use your medical card.

18. Long-term cardiac and pulmonary, physical, respiratory, occupational or speech therapy will only be paid for in certain situations, such as for children.

19. Services for acupressure, hypnosis, electrolysis, Christian Science treatment and autopsy. Any education or training classes including Lamaze and to quit smoking (unless under RFTS) will not be paid for by The Health Plan. Estrogen and androgen pellet implants, arch supports, massage, and paternity testing are not covered.

20. Liposuction, panniculectomies or abdominoplasty, such as surgery to remove fatty tissue ("tummy tucks"), will not be covered by The Health Plan.

21. Work hardening programs, including functional capacity evaluations will not be covered by The Health Plan.

22. Services at non-medical weight loss clinics and diet centers, mini-gastric bypass surgery, and gastric balloon for treatment of obesity will not be covered by The Health Plan. Consideration for bariatric surgery and related services require prior authorization. Also included are wiring of the jaw, weight control programs, screening for weight control programs, and similar services.

23. Organ transplants and related expenses will not be covered by The Health Plan. These are covered by FFS Medicaid through your medical card.

24. Vision services for members over age 21 are limited to medical treatment only and require an approved referral to a participating ophthalmologist.

25. Practitioner and medical services that are not medically necessary or appropriate as determined by The Health Plan will not be paid for.

26. Other limitations specifically stated in the provider and medical benefits list in this handbook.

27. Services not provided, arranged, or authorized by your practitioner, except in an emergency or when allowed in this policy. Elective pre-surgery testing on an inpatient basis without the authorization of The Health Plan’s medical director.

28. Sports-related devices will not be paid for by The Health Plan.

29. Acupuncture will not be paid for by The Health Plan, unless it is for anesthesia used with a covered procedure.
30. Services by a practitioner with the same legal address or who is a member of the covered person’s family will not be paid for by The Health Plan. This includes spouse, brothers, sisters, parents or children.

31. Unlicensed services by a practitioner will not be paid for by The Health Plan.

32. War-related injuries or treatment in a state or federal provider for military or service-related injuries or disabilities will not be paid for by The Health Plan.

33. Non-medical services related to the treatment of temporomandibular joint dysfunction (TMJ) or craniomandibular joint dysfunction (CMD) will not be paid for by The Health Plan. WV Medicaid covers TMJ for children up to age 21.

34. If a member decides to get hospice services instead of medical treatment, he/she gives up the right to other Mountain Health Trust or West Virginia Health Bridge services for the terminal illness. Coverage continues for other medical conditions not related to the terminal illness.

35. Sterilization of a mentally incompetent or institutionalized person will not be paid for by The Health Plan.

36. Inpatient tests not ordered by the attending practitioner or other licensed practitioner will not be paid for by The Health Plan, except in cases of emergency.

37. Therapy and related services for a patient showing no progress will not be paid for by The Health Plan. Speech therapy for members ages 0-21 must meet criteria and be pre-authorized. Speech therapy for adults is not a covered benefit except when medically needed as a result of specific medical/surgical conditions such as ALS, cerebral palsy, stroke, or physical trauma.

38. Non-emergency transportation is not covered by The Health Plan but is covered by FFS Medicaid. Use your medical card to get this service.

39. Services that, in the judgment of your practitioner, are not medically appropriate or not required by accepted standards of medical practice or the plan rules governing services.

40. Megavitamin therapy and nutrition-based therapy will not be paid for by The Health Plan.

41. Services performed after your physician has advised the member that further services are not medically appropriate or not covered services will not be paid for by The Health Plan.

42. Homeopathic treatments will not be paid for by The Health Plan.

43. Treatment for flat foot and subluxation of the foot are not covered.
If a service is not covered, not authorized, or is provided by an out-of-network provider, you may have to pay. If you have a question about whether a service is covered, please call Member Services at 1.888.613.8385.

**GETTING YOUR BENEFITS**

**REFERRALS AND SPECIALTY CARE**

Referrals are not needed when you go to see your PCP. For women, referrals are not needed for appointments with your OB/GYN. If you need health care that your PCP cannot give, your PCP must refer you to another provider who can. Usually, you will be referred to a specialist in our network. When your PCP refers you, the care you get from a specialist will be covered. To see our list of specialists, please call us at 1.888.613.8385 or visit www.findadoc.healthplan.org. Member Services can also help you if you believe you are not getting the care you need.

**SERVICE AUTHORIZATIONS**

If you need to see a provider who is not on our list, your PCP must ask The Health Plan for approval. Asking for an out-of-network referral is called a service authorization request. If the service is available within The Health Plan's network, there is no guarantee you will be approved to see the out of network providers. It is important to remember that your PCP must ask us for approval before seeing an out-of-network provider. Your PCP can call Member Services at 1.888.613.8385. If you are approved to see a provider who is outside of our plan, your visits will be covered. If we do not approve a service authorization, you can appeal the decision.

**PRIOR AUTHORIZATIONS**

Sometimes you may need certain services or treatments that require approval. Before you get this type of care, your provider must ask Member Services. If the care is best for your needs, then it will be covered. If we do not approve a prior authorization, you can appeal the decision.

**OUT-OF-NETWORK SERVICES**

If we are unable to provide certain covered services, you may get out-of-network services. The cost will be no greater than it would be if you received the services within our network. Services will be provided in an acceptable and timely manner.
COST SHARING

Cost sharing, or a copayment, is the money you need to pay at the time of service. Whenever you see your PCP or a provider you were referred to in our network, you are not responsible for any costs except the copayment. The amount of the copayment will change depending on the service and the federal poverty level. Please see the table below for more details.

Copayments will be collected for:

- Inpatient and outpatient services
- Physician office visits, including nurse practitioner visits
- Non-emergency use of an emergency room
- Caretaker relatives age 21 and up
- Transitional Medicaid members age 21 and up
- Any other members that are not specifically exempt

<table>
<thead>
<tr>
<th>Service</th>
<th>Up to 50.00% FPL</th>
<th>50.01 – 100.00% FPL</th>
<th>100.01% FPL and Above</th>
</tr>
</thead>
<tbody>
<tr>
<td>Inpatient Hospital (Acute Care)</td>
<td>$0</td>
<td>$35</td>
<td>$75</td>
</tr>
<tr>
<td>Office Visits (Physicians and Nurse Practitioners)</td>
<td>$0</td>
<td>$2</td>
<td>$4</td>
</tr>
<tr>
<td>Outpatient Surgical Services in a Physician’s Office; Ambulatory Surgical Center; or Outpatient Hospital (excluding emergency rooms)</td>
<td>$0</td>
<td>$2</td>
<td>$4</td>
</tr>
<tr>
<td>Non-Emergency Use of Emergency Room</td>
<td>$8</td>
<td>$8</td>
<td>$8</td>
</tr>
</tbody>
</table>

Copayments will not be collected for:

1. Family planning services
2. Emergency services
3. Behavioral health services
4. Members under age 21
5. Pregnant women (including 60 days after pregnancy)
6. American Indians and Alaska Natives
7. Members getting hospice care
8. Members in nursing homes
9. Other members or services not under the State Plan authority
10. Members who have met their household maximum limit for cost-sharing per calendar quarter
11. Members with primary insurance other than Medicaid

For more information on copayment amounts, please call Member Services at 1.888.613.8385.

ACCESS AND AVAILABILITY GUIDE

The Health Plan offers services in every county of West Virginia. The table below lists how long it should take for you to be seen by a provider in different situations.

The Health Plan wants to make sure your waiting times at practitioner offices are short. All The Health Plan members should have the same access to medical care. If you feel your waiting time was not the same as other patients, call The Health Plan Member Services Department. Customer Service Department.

<table>
<thead>
<tr>
<th>Type of Visit</th>
<th>When You Should be Seen:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Routine Care</td>
<td>Within 21 Days</td>
</tr>
<tr>
<td>Urgent Care</td>
<td>Within 48 Hours</td>
</tr>
<tr>
<td>Initial Prenatal Care</td>
<td>Within 14 Days of Known Pregnancy</td>
</tr>
<tr>
<td>Emergency Care</td>
<td>Immediately</td>
</tr>
</tbody>
</table>

The following table shows what your travel time should be for your appointments.

<table>
<thead>
<tr>
<th>Traveling to Your:</th>
<th>Should Take No Longer Than:</th>
</tr>
</thead>
<tbody>
<tr>
<td>PCP</td>
<td>30 Minutes</td>
</tr>
<tr>
<td>Specialist You See Often</td>
<td>30 Minutes</td>
</tr>
<tr>
<td>Hospital</td>
<td>45 Minutes</td>
</tr>
<tr>
<td>Tertiary Services</td>
<td>60 Minutes</td>
</tr>
</tbody>
</table>

LETTING US KNOW WHEN YOU'RE UNHAPPY

When you have a problem, try speaking with Member Services or your PCP to resolve it. If you are still unhappy or do not agree with a decision we have made about your health care, there are different types of complaints you can make.
These are known as grievances and appeals. Information on the number of grievances and appeals and their disposition is available upon request. You can also request a state fair hearing once you have gone through the process for grievances and appeals.

**APPEALS**

As a member of The Health Plan, you have the right to appeal a decision. You can file an appeal if you do not agree with our decision about your service authorization or prior authorization request. Our decision to reduce, suspend, or stop services will be sent to you in a Notice of Action letter. You will have 60 calendar days from the date of the Notice of Action to file an appeal with The Health Plan. If you would like your benefits to continue while the appeal is pending, you or your provider must file a request within 10 calendar days. You can file an appeal by calling Member Services at 1.888.613.8385 or you can do so in writing. If you choose to write to us, you will need to include your address. With written consent, you can also have someone else, like your PCP, file an appeal on your behalf.

To file a written appeal, please mail it to:

The Health Plan  
Attn: Medicaid Appeals Coordinator  
1110 Main Street  
Wheeling, WV 26003

The Health Plan will respond to your appeal within 30 calendar days from the day your appeal is received. If it is in your interest, you can ask for a delay in our decision for up to 14 days. If we need to delay our decision for another reason, we will give you written notice within two days. For appeals that need to be resolved more quickly, we will give you our decision within 72 hours after receiving your appeal. You may have to pay the cost of services, depending on the outcome.

If you need help with an appeal, you can call Member Services toll-free at 1.888.613.8385. We can assist you in completing forms. We also can offer auxiliary aids, interpreters, and other services.

**GRIEVANCES**

As a member of The Health Plan, you have the right to file a grievance at any time. You can file a grievance if you are unhappy with something about The Health Plan or one of our providers. You can also file a grievance if you disagree with our decision about your appeal. To file an informal grievance, call us at 1.888.613.8385 to let us know that you are unhappy with The Health Plan or your
health care services. You can also take steps to file a formal grievance, or allow someone like your PCP to do so on your behalf. If you choose to write to us, you will need to include your address.

To file a written grievance, please mail it to:

The Health Plan  
Attn: Medicaid Appeals Coordinator  
1110 Main Street  
Wheeling, WV 26003

We will get our answer to you within 30 days from the date your grievance is received. If it is in your interest, you can ask for a delay in our decision for up to 14 days. If we need to delay our decision for another reason, we will give you written notice within two days.

If you need help with a grievance, you can call Member Services toll-free at 1.888.613.8385. We can assist you in completing forms. We also can offer auxiliary aids, interpreters, and other services.

**FAIR HEARINGS**

As a member of The Health Plan, you have the right to request a state fair hearing. You can only request a state fair hearing after you have received notice that The Health Plan is upholding the decision to reduce, suspend, or stop your benefits. You must request the state fair hearing no later than 120 calendar days from the date of our decision notice. It is our job to mail you the form and give you the information you need.

Once you get the form, please mail it back to:

The West Virginia Department of Health and Human Resources  
One Davis Square  
Suite 100 East  
Charleston, West Virginia 25301

If you would like your benefits to continue while the hearing is going on, you or your provider must file a request in writing to our office within 10 calendar days. You may have to pay the cost of services, depending on the outcome. Parties to the state fair hearing can include the State, The Health Plan, your representative, or the representative of a deceased member. The State will hear your case and decide within 90 days of your request for a state fair hearing.

Please call Member Services at 1.888.613.8385 if you have questions about requesting a state fair hearing. You can also call the Department of Health and Human Resources at 304.558.0684.
COMPLAINTS
At any time, you can file a complaint to West Virginia’s Bureau for Medical Services:

Bureau for Medical Services
350 Capitol Street, Room 251
Charleston, WV 25301
(304)558-1700

REPORTING FRAUD
If you suspect fraud, waste, or abuse by a member or provider of The Health Plan, please report it to our special investigative unit (SIU). You do not need to give us your name or information when you call or fill out the form. To report fraud, waste, or abuse, please call 1.877.296.7283. You may also complete the Fraud, Waste, and Abuse Reporting form on our website or by mailing it to us.

www.healthplan.org
1110 Main Street, Wheeling, WV 26003

OUR POLICIES
ADVANCE DIRECTIVES
Under Federal and State law, you have the right to make decisions about your medical care, including an advance directive. An advance directive is a legal document with your wishes regarding medical treatment if there comes a time when you are too sick to make your decisions known. An advance directive allows you to plan in advance and participate in decision-making around your health. It is a way to let your doctors know what kind of treatment you do or do not want. You can also allow someone you trust to make treatment decisions for you. This would allow that person to make choices about your care and treatment. Many people choose a relative or someone they know well.

You should speak with your doctor about making an advance directive. You do not have to fill one out, but you may want to. If you decide to let someone you trust make treatment decisions for you, be sure to speak with that person. Making an advance directive requires filling out forms and stating your wishes in writing. It will become a part of your medical records. Remember, you can change your advance directive at any time.

Your doctor and Member Services can help you to fill out or answer questions about advance directives.
ENDING YOUR MEMBERSHIP

If you do not wish to be a member of The Health Plan, you have the right to disenroll at any time. You may re-enroll in another health plan if you choose. The enrollment broker can help you. Just call 1.800.449.8466.

Sometimes members are disenrolled from the health plan involuntarily. This can happen if:

- You are no longer eligible for Medicaid managed care
- You move outside of our service area
- You are placed in an nursing facility, State institution, or intermediate care facility for the mentally retarded for more than 30 calendar days
- You were incorrectly enrolled in The Health Plan
- You die

If this happens, your services may stop suddenly. The enrollment broker and Member Services can answer any questions you may have about disenrollment. If you move out of the country or out of state, call the West Virginia Bureau for Medical Services as 304.558.1700.

APPROPRIATE TREATMENT OF MINORS

The law says that persons under age 18 cannot give valid consent for medical care. The parent or guardian must give consent for medical care for the minor (child). We will permit the enrollee’s parent or representative to facilitate care or treatment decisions when the enrollee is unable to do so. We will provide for the enrollee or representative involvement in decisions to withhold resuscitative services, or to forgo or withdraw life-sustaining treatment, and comply with requirements of federal and state law with respect to advance directives.

A person over age 16 but under age 18 may ask a court to declare him or her “emancipated.” If the court agrees, the person can approve his or her own medical care. Anyone over age 16 who is married is considered emancipated. The parents of an emancipated child have no right to control, nor a duty to give care and money support to the child. Any child who is emancipated can give valid consent to medical care. This person then becomes financially responsible for the costs of the medical treatment.

Mature minors can give medical consent. A person is considered mature based on age, intelligence, experience, living situation, education, and degree of maturity.

Any licensed physician can examine, diagnose, treat, and counsel any minor at his or her request for an addiction or dependency of alcohol or drugs. This can
be without the knowledge or consent of the minor’s parent or guardian. This is also the same for any venereal disease.

Minors can consent to family planning services. The services must be kept confidential from the parents if the minor asks.

If a minor presents with a medical problem needing immediate care or which could cause immediate danger to the child’s health, and no parent or guardian can be found to approve care, then the minor can consent to medical care.

Oral interpreters for minors are available in the case of an emergency.

THIRD PARTY LIABILITY

If you have insurance other than Medicaid, please call Member Services to let us know. Please call and let us know if another insurance company has been involved with your:

- Worker’s compensation claim
- Personal injury
- Medical malpractice law suit
- Car accident

You must use any other health insurance you have first before using Medicaid.

RECOMMENDING CHANGES IN POLICIES OR SERVICES

If you have recommendations or ideas, please tell us about them. You can help us make changes to improve our policies and services. To let us know, please call Member Services at 1.888.613.8385.

CHANGES TO YOUR HEALTH PLAN

If there are any changes to your benefits or other information in this handbook, we will let you know at least 30 days before the effective date of the change and no later than the actual effective date. Please let us know if you have any questions about program changes.
## IMPORTANT CONTACT INFORMATION

<table>
<thead>
<tr>
<th>Entity</th>
<th>Phone Number</th>
<th>Street Address</th>
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<tbody>
<tr>
<td>The Health Plan Member Services</td>
<td>Toll-Free: 1.888.613.8385</td>
<td>1110 Main Street Wheeling, WV 26003</td>
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<tr>
<td>DHHR Office</td>
<td>304.558.0684</td>
<td>Office of the Secretary</td>
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<tr>
<td></td>
<td></td>
<td>One David Square, Suite 100 East</td>
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<td></td>
<td>Charleston, WV 25301</td>
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<tr>
<td>West Virginia Bureau for Medical Services</td>
<td>304.558.1700</td>
<td>350 Capitol St. Charleston, WV 25301</td>
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<tr>
<td>Enrollment Broker</td>
<td>1.800.449.8466</td>
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<td>Emergency</td>
<td>911; 1.800.624.6961</td>
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<td>Dental under 21 years old</td>
<td>1.888.983.4698</td>
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<tr>
<td>Dental over 21 years old</td>
<td>1.888.613.8385</td>
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<tr>
<td>Vision under 21 years old</td>
<td>1.800.879.6901</td>
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<td>Behavioral Health</td>
<td>1.877.221.9295</td>
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<tr>
<td>Grievances/ Appeals</td>
<td>1.888.613.8385</td>
<td>1110 Main Street Wheeling, WV 26003</td>
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<td>State Fair Hearing</td>
<td>304.558.1700</td>
<td>Bureau for Medical Services</td>
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<td>Office of Medicaid Managed Care</td>
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<td>350 Capitol Street, Room 251</td>
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<td>Charleston, WV 25301-3708</td>
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<td>Fraud, Waste, and Abuse</td>
<td>1.877.296.7283</td>
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<tr>
<td>Non-Emergency Transportation</td>
<td>1.844.549.8353</td>
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