



# Depression Screening and Follow-Up for Adolescents and Adults (DSF-E)

HEDIS® Measurement Year 2023

Electronic Clinical Data Systems (ECDS) Measure

**Measure Description:** The percentage of members 12 years of age and older who were screened for clinical depression using a standardized instrument and, if screened positive, received follow-up care.

## Eligible Population

- Members 12 years of age and older. Age at the start of the measurement year stratified as:
  - 12-17 years (Commercial & Medicaid)
  - 18-64 years
  - 65 years and older
- Members who are in hospice are excluded from the eligible population.

## Exclusions

- Members with a history of bipolar disorder any time during the member's history through the end of the year prior to the measurement period.
- Members with depression that starts during the year prior to the measurement period

## Measure Compliance – (numerator)

### Numerator 1 – Depression Screening:

Members with a documented result for depression screening, using an age-appropriate standardized instrument, performed between January 1 and December 1 of the measurement year.

### Numerator 2 – Follow-Up on Positive Screen:

Members who received follow-up care on or up to 30 days after the date of the first positive screen (31 total days).

Any of the following on or up to 30 days after the first positive screen meet criteria:

- An outpatient, telephone, e-visit or virtual check-in follow-up visit with a diagnosis of depression or other behavioral health condition.
- A depression case management encounter that documents assessment for symptoms of depression or a diagnosis of depression or other behavioral health condition.
- A behavioral health encounter, including assessment, therapy, collaborative care or medication management.
- A dispensed antidepressant medication.
- Documentation of additional depression screening on a full-length instrument indicating either no depression or no symptoms that require follow-up (i.e., a negative screen) on the same day as a positive screen on a brief screening instrument



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## Depression Screening Instrument

A standard assessment instrument that has been normalized and validated for the appropriate patient population. Eligible screening instruments with thresholds for positive findings include:

| Instruments for Adolescents (≤17 years)                            | Positive Finding          |
|--|---------------------------|
| Patient Health Questionnaire (PHQ-9)®                              | Total score ≥10           |
| Patient Health Questionnaire Modified for Teens (PHQ-9M)®          | Total score ≥10           |
| Patient Health Questionnaire-2 (PHQ-2)®1                           | Total score ≥3            |
| Beck Depression Inventory-Fast Screen (BDI-FS)®1,2                 | Total score ≥8            |
| Center for Epidemiologic Studies Depression Scale—Revised (CESD-R) | Total score ≥17           |
| Edinburgh Postnatal Depression Scale (EPDS)                        | Total score ≥10           |
| PROMIS Depression  | Total score (T Score) ≥60 |

| Instruments for Adults (18+ years)                 | Positive Finding          |
|--|---------------------------|
| My Mood Monitor (M-3)®                             | Total score ≥5            |
| PROMIS Depression                                  | Total score (T Score) ≥60 |
| Clinically Useful Depression Outcome Scale (CUDOS) | Total score ≥31           |

1 Brief screening instrument. All other instruments are full-length.

2 Proprietary; may be cost or licensing requirement associated with use.

| Instruments for Adults (18+ years)                                 | Positive Finding |
|--|------------------|
| Patient Health Questionnaire (PHQ-9)®                              | Total score ≥10  |
| Patient Health Questionnaire-2 (PHQ-2)®1                           | Total score ≥3   |
| Beck Depression Inventory-Fast Screen (BDI-FS)®1,2                 | Total score ≥8   |
| Beck Depression Inventory (BDI-II)                                 | Total score ≥20  |
| Center for Epidemiologic Studies Depression Scale-Revised (CESD-R) | Total score ≥17  |
| Duke Anxiety-Depression Scale (DUKE-AD)®2                          | Total score ≥30  |
| Geriatric Depression Scale Short Form (GDS)1                       | Total score ≥5   |
| Geriatric Depression Scale Long Form (GDS)                         | Total score ≥10  |
| Edinburgh Postnatal Depression Scale (EPDS)                        | Total score ≥10  |

## Numerator Codes

The complete NCQA approved code set can be referenced in the coding guide at [healthplan.org/providers/patient-care-programs/quality-measures](https://www.healthplan.org/providers/patient-care-programs/quality-measures).

For questions, please contact your practice management consultant. To identify your practice management consultant, please refer to [healthplan.org/providers/overview/meet-practice-management-consultant](https://www.healthplan.org/providers/overview/meet-practice-management-consultant).

*The Health Plan has a team of member advocates, health coaches, social workers and nurses who can assist you and your patients to remove or overcome any barriers to care through benefit assistance, community resource referrals or enrollment in a THP clinical program. To refer a patient who is a THP member for assistance, call **1.877.903.7504** and let us know what we can do to help your patient receive and adhere to your recommended plan of care.*