



# Statin Therapy for Patients with Diabetes (SPD)

HEDIS® Measurement Year 2023

**Measure Description: Assesses the percentage of members 40-75 years of age during the measurement year with diabetes who do not have clinical atherosclerotic cardiovascular disease (ASCVD) who met the following criteria. Two rates are reported:**

- Received Statin Therapy. Members who were dispensed at least one statin medication of any intensity during the measurement year.
- Statin Adherence 80%. Members who remained on a statin medication of any intensity for at least 80% of the treatment period.

## Eligible Population

- Members 40-75 years of age as of December 31 of the measurement year with a diagnosis of diabetes.
- Members who are in hospice or palliative care are excluded from the eligible population.

## Exclusion

- Members 66 years of age and older as of December 31 of the measurement year with frailty and advanced illness during the measurement year.

## Tips for Improving Medication Adherence

- Develop a medication routine with each patient if they are on multiple medications that require them to be taken at different times.
- Utilize pill boxes or organizers.
- Advise patients to set up reminders and alarms for when medications should be taken.
- Discuss potential side effects and ways to treat the side effects of medications.

## Measure Adherence

Adherence for the SPD measure is determined by the member being prescribed and remaining on their statin medications for 80% of their treatment period. This is determined by pharmacy claims data.

The medications NCQA lists in the HEDIS specifications are below. This is a general list and should not replace the advice or care you provide your patients regarding what is optimal to meet their healthcare needs.

### Statin Medications

| Description                       | Prescription   |
|-----------------------------------|--|
| High-Intensity Statin Therapy     | Atorvastatin 40-80 mg<br>Amlodipine-atorvastatin 40-80 mg<br>Rosuvastatin 20-40 mg<br>Simvastatin 80 mg<br>Ezetimibe-simvastatin 80 mg   |
| Moderate-Intensity Statin Therapy | Atorvastatin 10-20 mg<br>Amlodipine-atorvastatin 10-20 mg<br>Rosuvastatin 5-10 mg<br>Simvastatin 20-40 mg<br>Ezetimibe-simvastatin 20-40 mg<br>Pravastatin 40-80 mg<br>Lovastatin 40 mg<br>Pitavastatin 1-4 mg<br>Fluvastatin 40-80 mg |
| Low-Intensity Statin Therapy      | Simvastatin 5-10 mg<br>Ezetimibe-simvastatin 10 mg<br>Pravastatin 10-20 mg<br>Lovastatin 10-20 mg<br>Fluvastatin 20 mg   |



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*The Health Plan has a team of member advocates, health coaches, social workers and nurses who can assist you and your patients to remove or overcome any barriers to care through benefit assistance, community resource referrals or enrollment in a THP clinical program. To refer a patient who is a THP member for assistance, call **1.877.903.7504** and let us know what we can do to help your patient receive and adhere to your recommended plan of care.*