



Weight Assessment and Counseling for Nutrition and Physical Activity for Children/Adolescents (WCC)

HEDIS® Measurement Year 2023

Measure Description: The percentage of members 3–17 years of age who had an outpatient visit with a PCP or OB/GYN and who had evidence of the following during the measurement year.

- BMI percentile documentation*
- Counseling for nutrition
- Counseling for physical activity

**Because BMI norms for youth vary with age and gender, this measure evaluates whether BMI percentile is assessed rather than an absolute BMI value.*

Eligible Population

Percentage of members 3–17 years of age who had an outpatient visit with a PCP or OB/GYN and who had evidence of the following during the measurement year:

- BMI Percentile documentation
- Counseling for nutrition
- Counseling for physical activity

Strategies for Improvement

- Utilize NCQA coding tips to actively reflect care rendered.
- Document BMI percentile, discussion of nutrition and physical activity during at least one office visit annually e.g., sick visit or well-child exam.
- Document all screenings in the medical record, including follow-ups, results and anticipatory guidance given.

Numerator Codes

The complete NCQA approved code set list can be referenced in the coding guide at healthplan.org/providers/patient-care-programs/quality-measures.

For questions, please contact your practice management consultant. To identify your practice management consultant please refer to healthplan.org/providers/overview/meet-practice-management-consultant.

BMI Percentile ICD-10 Codes	
Z68.51	Less than 5th percentile for age
Z68.52	5th percentile to less than 85th percentile for age
Z68.53	85th percentile to less than 95th percentile for age
Z68.54	Greater than or equal to 95 th percentile for age



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Numerator Codes, continued

Nutrition Counseling		
ICD-10	Z71.3	Dietary counseling and surveillance
CPT	97802-97804	Nutrition counseling
HCPCS	S9449, S9452, S9470	Nutritional counseling, dietitian visit
HCPCS	G0270, G0271, G0447	Face to face behavioral counseling for obesity, 15 minutes

Physical Activity Counseling		
ICD-10	Z02.5	Encounter for examination for participation in sports
CPT	Z71.82	Exercise counseling
HCPCS	G0447	Face to face behavioral counseling for obesity, 15 minutes
HCPCS	S9451	Exercise classes, non-physician, per session

Hybrid Measure Note:

The WCC measure is hybrid. Any care not received via claims during the measurement year will result in medical record requests during the HEDIS medical record review project.

*The Health Plan has a team of member advocates, health coaches, social workers and nurses who can assist you and your patients to remove or overcome any barriers to care through benefit assistance, community resource referrals or enrollment in a THP clinical program. To refer a patient who is a THP member for assistance, call **1.877.903.7504** and let us know what we can do to help your patient receive and adhere to your recommended plan of care.*