

Redetermination

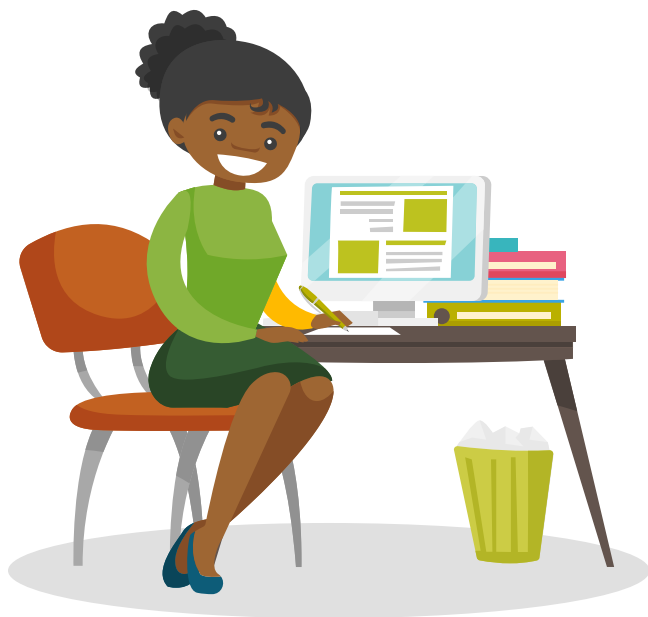
Renew Your Medicaid or WV CHIP Benefits

With the end of the Public Health Emergency, WV Medicaid started completing enrollee reviews again.

You will be required to renew eligibility with DHHR at some point over the next 12 months. If your address or phone number has recently changed, call 1.877.716.1212 or go to wvpath.wv.gov to make sure your phone and address information is up to date with your local DHHR so that you get your review packet in the mail when it is time for you to complete that process. If you don't fill out the packet you could lose important health benefits.

Even if you are not sick it is important to keep your insurance. Keeping your insurance covers you if you have an accident or get sick. Do not throw away anything received from the DHHR without carefully reading and take action, if needed.

It's also important to get preventive medical and dental care each year. Don't forget, you have \$1,000 in dental care available to you! 🍏



End of Public Health Emergency Changes

The following changes are a result of the COVID-19 Public Health Emergency declaration that ended May 11, 2023:

- **Effective May 12, 2023,**
The Health Plan reinstates copays for WV Medicaid.
- **Effective July 1, 2023,**
The Health Plan reinstates copays for WVCHIP.
- **Effective May 12, 2023,**
acute care and critical access hospital claims for swing beds with date of service on or after May 12, 2023 will be denied.
- **NOTE:** Telehealth services will continue as a covered benefit. 🍏



How to Report Fraud Waste and Abuse

Contact us if you suspect fraud, waste, or abuse has occurred. Our FWA/Compliance Hotline is **1.877.296.7283**. 🍏

WVCHIP Benefit Transition to Medicaid

Starting July 1, 2023, WVCHIP is changing its covered services so WVCHIP and Medicaid members in the Mountain Health Trust (MHT) program will get the same benefits. There may be some small changes in the benefits you have access to, but most will remain unchanged. A list of benefits is included.

BENEFIT PROVIDED	SERVICE LIMITS
Primary Care Office Visits	
Specialty Care	
Podiatry	
Chiropractic	
Diagnostic X-Ray	
Outpatient Hospital Services	
Hospice	
Emergency Room Outpatient Hospital Services	
Emergency Transportation/Ambulance	
Inpatient Hospital Care	
Hospital/Maternity	
Outpatient/Maternity	
Outpatient Psychiatric Treatment	
Rehabilitative Psychiatric Treatment	
Prescription Drugs	
Physical Therapy (PT)	20 visits per year (combined PT and OT, additional authorization required over limit)
Occupational Therapy (OT)	20 visits per year (combined PT and OT, additional authorization required over limit)

BENEFIT PROVIDED	SERVICE LIMITS
Speech Therapy	
Cardiac Rehabilitation	
Pulmonary Rehabilitation	
Durable Medical Equipment	
Orthotics and Prosthetics	
Home Health	60 visits per year (additional authorization required over limit)
Inpatient Rehabilitation Hospital Services	
Laboratory Services and Testing	
Diabetes Education	
Early Periodic Screening, Diagnosis and Treatment (HealthCheck)	
Family Planning Services and Supplies	
Nutritional Counseling	
Tobacco Cessation	
Non-Emergency Medical Transport (NEMT)	Provided by ModivCare
Personal Care Services	
Dental Services	Coverage is limited to \$1,000 per calendar year for members over 21
Vision Services	

West Virginia Children's Health Insurance Program (WVCHIP) Frequently Asked Questions

Will my health plan change?

No. Members will continue to be enrolled under their current MHT health plan. The three health plans currently serving the Medicaid and WVCHIP populations in West Virginia are Aetna Better Health of West Virginia, The Health Plan, and UniCare of West Virginia.

Can I still see the same doctors?

You can still see your current doctors as long as they work with your MHT health plan. Each health plan keeps a list of doctors on their website.

Will my cost sharing change?

No, you will continue to pay the same premiums and copays based on your WVCHIP coverage.

What benefits are different?

Please refer to the attached summary of benefits now available to WVCHIP members.

Can I still get the same prescription drugs?

WVCHIP will have a new preferred drug list (PDL) – the same list used by the Medicaid program. WVCHIP will continue covering your current medications that are not on the new PDL. Any new medicines prescribed to you will have to be included on the PDL for coverage.

Do I need a new Identification (ID) card?

No. You can continue to use the ID card your health plan gave you. Your current member ID will remain the same.

Where do I go to update my phone number and address to stay enrolled with WVCHIP?

Call 1.877.716.1212 or go to wvpath.wv.gov if your address or phone number has recently changed. 🍏



Use your voice and provide us feedback!

You may receive a survey in the mail from The Health Plan or our trusted vendor SPH Analytics, a Press Ganey solution. Your opinion helps guide our improvement activities! healthplan.org/for-you-and-family/tools-resources/quality-improvement 🍏



Member Rights and Responsibilities

To view your member rights and responsibilities, please visit our website at healthplan.org/Medicaid. For a printed copy, please call **1.888.613.8385**. 🍏



Talk to a Nurse:

The nurse information line provides members with access to a THP nurse 24 hours a day, 7 days a week. The nurse information line is available to help support access to urgent and emergent care after hours.

Contact the nurse information line by calling **1.866.NURSEHP (1.866.687.7347)**. Or fill out the online form healthplan.org/for-you-and-family/get-care/talk-nurse. Please note it may be up to 24 hours before you receive a response. 🍏

Grilled Chicken Fajita Salad

Number of Servings: 4



Ingredients

For salad:

- 2 chicken breasts
- 1 red bell pepper, cut into bite sized slices
- 1 green bell pepper, cut into bite sized slices
- 1/2 small red onion, sliced
- 1 can no salt added black beans, drained and rinsed
- 3/4 tsp salt-free chili powder
- 3/4 tsp cumin
- 3/4 tsp garlic powder
- 1 head lettuce, chopped
- 1 tbsp olive oil

For Pico de Gallo:

- 2 Roma tomatoes, chopped (Roma tomatoes taste best for this, but any tomato is fine)
- 1/2 small red onion, diced
- 1 jalapeno, chopped (optional)
- 1/4 cup cilantro, chopped
- Juice of 1/2 lime

Directions

1. Combine all ingredients for Pico de Gallo in a bowl and stir. The longer you let the flavors mix, the better it will taste.
2. Season chicken with chili powder, cumin, and garlic powder. Grill to an internal temperature of 165 degrees. If you don't have a grill, sauté using about 1 1/2 tsp of olive oil in a frying pan. Once finished, chop into bite sized pieces.
3. Sauté bell peppers and onion in a frying pan over medium high heat with about 1 1/2 tsp of olive oil. Season with the same seasonings as the chicken if desired. Cook for about 10-15 minutes, stirring regularly until cooked to your desired amount of doneness. If desired, add black beans a few minutes before done to heat through. Let cool for about 5 minutes to avoid wilting your lettuce.
4. Pile your plate with lettuce and top with your chicken, fajita veggies, black beans, and Pico de Gallo.

Nutrition information

244 calories; 6.8g total fat; 0.5g saturated fat; 64mg cholesterol; 65mg sodium; 17.9g total carbohydrates; 5.3g dietary fiber; 25.6g protein. 🍏

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