



Kidney Health Evaluation for Patients with Diabetes (KED)

HEDIS® Measurement Year 2023

Measure Description: The percentage of members 18-85 years of age with diabetes (type 1 and type 2) who received a kidney health evaluation, defined by an estimated glomerular filtration rate (eGFR) and a urine albumin-creatinine ratio (uACR), during the measurement year:

- At least one eGFR is required during the measurement year period
- At least one uACR is required during the measurement period
 - The uACR is identified by the member having **both** a quantitative and urine albumin test **and** a urine creatinine test **with** services dates four or less days apart

Eligible Population

- Members 18-85 years of age with type 1 or type 2 diabetes. The following age stratifications are reported:
 - 18-64 years
 - 65-74 years
 - 75-85 years
 - Total
- Members who are in hospice or palliative care are excluded from the eligible population.

Exclusions

- Members 66 years of age and older as of December 31 with a frailty and advanced illness diagnosis during the measurement year.
- Members with evidence of end stage renal disease (ESRD) or dialysis any time during the members history through December 31 of the measurement year.

Numerator Codes

The complete NCQA approved code set list can be referenced in the coding guide at [healthplan.org/providers/patient-care-programs/quality-measures](https://www.healthplan.org/providers/patient-care-programs/quality-measures).

For questions, please contact your practice management consultant. To identify your practice management consultant please refer to [healthplan.org/providers/overview/med-practice-management-consultant](https://www.healthplan.org/providers/overview/med-practice-management-consultant).

Code Type	Codes	Description
CPT	80047, 80048, 80050, 80053, 80069, 82565	Estimated Glomerular Filtration Rate Lab Test
CPT	82043	Quantitative Urine Albumin Lab Test
CPT	82570	Urine Creatinine Lab Test



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Strategies for Improvement

- Utilize NCQA coding tips to actively reflect care rendered.
- Remind members with type 1 or type 2 diabetes to routinely have their eGFR and uACR tested.
- Follow up with patients to discuss and educate on lab results.
- Educate on how diabetes can affect the kidneys and offer tips to your patients on preventing damage to their kidneys:
 - Controlling their blood pressure, blood sugars, cholesterol, and lipid levels.
 - Take medications as prescribed that can protect kidney function (ACE inhibitors or ARBs).
 - Offer education on medications that could be harmful to kidneys (NSAIDs such as naproxen or ibuprofen).
 - Limit protein intake and salt in diet.
- Coordinate care with specialists such as an endocrinologist or nephrologist as needed.

*The Health Plan has a team of member advocates, health coaches, social workers and nurses who can assist you and your patients to remove or overcome any barriers to care through benefit assistance, community resource referrals or enrollment in a THP clinical program. To refer a patient who is a THP member for assistance, call **1.877.903.7504** and let us know what we can do to help your patient receive and adhere to your recommended plan of care.*