



Antidepressant Medication Management (AMM)

HEDIS® Measurement Year 2023

Measure Description: The percentage of members 18 years of age and older who were treated with antidepressant medication, had a diagnosis of major depression and who remained on an antidepressant medication treatment. Two rates are reported:

- **Effective Acute Phase Treatment.** The percentage of members who remained on an antidepressant medication for at least 84 days (12 weeks).
- **Effective Continuation Phase Treatment.** The percentage of members who remained on an antidepressant medication for at least 180 days (6 months).

Eligible Population

Members 18 years of age and older who had a new prescription dispensing event for an antidepressant medication.

A new prescription is defined as having no antidepressant prescriptions filled in the last 105 days prior to the dispensing event.

Measure Compliance - (numerator)

Any of the following meet criteria for a follow-up visit:

- An acute or nonacute inpatient stay with any diagnosis of major depression
- A community mental health center visit with any diagnosis of major depression
- An acute inpatient encounter with any diagnosis of major depression
- A nonacute inpatient encounter with any diagnosis of major depression
- A transcranial magnetic stimulation visit with any diagnosis of major depression
- A telehealth visit with any diagnosis of major depression
- An observation visit, ED visit, ED visit, e-visit or virtual check-in.
- An intensive outpatient encounter or partial hospitalization with any diagnosis of major depression.

Exclusions

Members who did not have an encounter with a diagnosis of major depression during the 121-day period from 60 days prior to the IPSD, through the IPSD and the 60 days after the IPSD.

Numerator Codes

A large list of NCQA approved codes is used to identify numerator services for this measure. The complete NCQA approved code set can be referenced in the coding guide at healthplan.org/providers/patient-care-programs/quality-measures.

For questions, please contact your practice management consultant. To identify your practice management consultant, please refer to healthplan.org/providers/overview/meet-practice-management-consultant.

*The Health Plan has a team of member advocates, health coaches, social workers and nurses who can assist you and your patients to remove or overcome any barriers to care through benefit assistance, community resource referrals or enrollment in a THP clinical program. To refer a patient who is a THP member for assistance, call **1.877.903.7504** and let us know what we can do to help your patient receive and adhere to your recommended plan of care.*