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autism

specialist services



For families caring for children and young adults with autism, The Health Plan is here to help. Consultation services with our in-house autism specialist are available for families caring for children with autism (up to the age of 20) and young adults with autism, as long as the family has guardianship and expressed a need for assistance. Families from all lines of business with an autism services benefit can access these resources.

Consultation

The process of autism consultation begins with an initial phone conversation with the family. During this call, families are encouraged to complete an autism intake assessment. This assessment is used by the autism specialist to design an individualized consultation program to meet each child/family's needs.

Follow-up is typically scheduled every three months. If more intensive consultation is required, follow-up can be provided upon request.

Support

Our autism specialist utilizes a strength-based model, which includes member/family education along with coaching families to grow their knowledge base regarding their child/children with autism. Armed with this information, families can feel more confident in their ability to advocate on their child's behalf.

Our autism specialist is also available to help families understand their insurance coverage better and to find autism service providers for their child. Upon request, families can be connected to community and state resources to further assist their child.

Education

Evidenced-based information about autism is shared with families upon request through their choice of email, mail or fax. Topics include advocacy, special education (IEPS- 504 plans), guardianship, medications, managing challenging behaviors, behavioral health interventions and many more.

Families can learn about educational opportunities such as treatments for autism and the process of applying for grants for their child with autism.

Learn More

Speak with our autism specialist by calling 1.800.624.6961, ext. 6120.

Mondays and Wednesdays

7:30 – 11:30 am and 4 – 8 pm EST

Tuesdays, Thursdays and Fridays

7:30 am – 4 pm EST

