

# Blood Pressure Control for Patients with Diabetes (BPD)

HEDIS® Measurement Year 2024

Measure Description: The percentage of members 18-75 years of age with a diagnosis of diabetes (Type 1 and Type 2) whose blood pressure (BP) was adequately controlled (<140/90 mm Hg) during the measurement year.

## Eligible Population

Members 18-75 years of age with a diagnosis of diabetes (Type 1 and 2).

### **Product Lines**

Commercial, Medicaid, Medicare

#### **Data Collection Method**

Administrative (claims), Supplemental data, Hybrid (medical record)

The BPD measure is hybrid. Any care not received via claims during the measurement year will result in medical record requests during the HEDIS medical record review project.

## **Exclusions**

Members are excluded from the measure if they meet the following criteria:

- Members who are in hospice or palliative care.
- Members 66 years of age and older as of December 31 of the measurement year who have both a frailty and an advanced illness diagnosis.

# Measure Compliance (numerator)

Identify the most recent BP reading taken during the measurement year. The member is numerator compliant if the BP is <140/90 mm Hg (or a systolic level of 139 or less and a diastolic level of 89 or less).

The member is not compliant if the BP reading is ≥140/90 mm Hg or is missing, if there is no BP reading during the measurement year, or if the reading is incomplete (i.e., the systolic or diastolic level is missing).

BP readings should be clearly documented in the clinical notes and reported through claims.

#### BP readings do not count if:

- taken during an acute inpatient stay or an ED visit.
- taken on the same day as a diagnostic test or a diagnostic or therapeutic procedure that requires a change in diet or change in medication on or one day before the day of test or procedure, with the exception of a fasting blood test.



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## **Numerator Codes**

The complete NCQA approved code set list can be referenced in the coding guide at https://healthplan.org/providers/patient-care-programs/quality-measures.

### Blood Pressure Reading

BP readings should be clearly documented in the clinical notes and reported through claims

Code Type	Code	Code Description
СРТ	3074F	Systolic Less Than 130
СРТ	3075F	Systolic 130-139
СРТ	3077F	Systolic Greater Than/Equal To 140
СРТ	3078F	Diastolic Less Than 80
СРТ	3079F	Diastolic 80-89
СРТ	3080F	Diastolic Greater Than/Equal To 90

For questions, please contact your practice management consultant. To identify your practice management consultant please refer to <a href="https://healthplan.org/providers/overview/meet-practice-management-consultant">https://healthplan.org/providers/overview/meet-practice-management-consultant</a>.

The Health Plan has a team of member advocates, health coaches, social workers and nurses who can assist you and your patients to remove or overcome any barriers to care through benefit assistance, community resource referrals or enrollment in a THP clinical program. To refer a patient who is a THP member for assistance, call 1.877.903.7504 and let us know what we can do to help your patient receive and adhere to your recommended plan of care.

