



Cardiac Rehabilitation (CRE)

HEDIS® Measurement Year 2024

Measure Description: The percentage of members 18 years of age and older, who attended cardiac rehabilitation following a qualifying cardiac event. Four rates are reported:

- **Initiation:** The percentage of members who attended 2 or more sessions of cardiac rehab within 30 days after a qualifying event.
- **Engagement 1:** The percentage of members who attended 12 or more sessions of cardiac rehab within 90 days after a qualifying event.
- **Engagement 2:** The percentage of members who attended 24 or more sessions of cardiac rehab within 180 days after a qualifying event.
- **Achievement:** The percentage of members who attended 36 or more sessions of cardiac rehab within 180 days after a qualifying event.

Eligible Population

Members 18 years of age and older with a qualifying cardiac event. The following age stratifications are reported: 18-64 years, 65+, and a total.

Qualifying cardiac events occur between July 1 of the year prior to the measurement year through June 30 of the measurement year. The date of discharge or a direct transfer is used as the date the cardiac event occurred. Cardiac events include:

- Myocardial infarction (MI)
- Percutaneous coronary intervention (PCI)
- Coronary artery bypass grafting (CABG)
- Heart and heart/lung transplantation
- Heart valve repair/replacement

Product Lines

Commercial, Medicaid, Medicare

Data Collection Method

Administrative (claims)

Exclusions

Members are excluded from the measure if they meet the following criteria:

- Members who are in hospice or receiving palliative care.
- Members discharged from an inpatient setting with MI, CABG, heart or heart/lung transplant, or heart valve repair or replacement during the 180 days after the qualifying cardiac event.
- Members who had PCI in any setting during the 180 days after the qualifying cardiac event.



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Measure Compliance (numerator)

The measure calculates four rates:

Initiation – The percentage of members who attended 2 or more sessions of cardiac rehab within 30 days after a qualifying event.

Engagement 1 – The percentage of members who attended 12 or more sessions of cardiac rehab within 90 days after a qualifying event.

Engagement 2 – The percentage of members who attended 24 or more sessions of cardiac rehab within 180 days after a qualifying event.

Achievement – The percentage of members who attended 36 or more sessions of cardiac rehab within 180 days after a qualifying event.

Numerator Codes

The complete NCQA approved code set list can be referenced in the coding guide at <https://healthplan.org/providers/patient-care-programs/quality-measures>.

Code Type	Codes	Code Description
CPT	93797, 93798	Cardiac Rehabilitation
HCPCS	G0422	Intensive cardiac rehabilitation; with or without continuous ECG monitoring with exercise, per session
HCPCS	G0423	Intensive cardiac rehabilitation; with or without continuous ECG monitoring, without exercise, per session
HCPCS	S9472	Cardiac rehabilitation program, non- physician provider, per diem

For questions, please contact your practice management consultant. To identify your practice management consultant please refer to <https://healthplan.org/providers/overview/meet-practice-management-consultant>.

*The Health Plan has a team of member advocates, health coaches, social workers and nurses who can assist you and your patients to remove or overcome any barriers to care through benefit assistance, community resource referrals or enrollment in a THP clinical program. To refer a patient who is a THP member for assistance, call **1.877.903.7504** and let us know what we can do to help your patient receive and adhere to your recommended plan of care.*